

# Mountain Adventure Camps

## International Summer Camp Checklist

### Birthdays

If you or any member of your group has a birthday during your stay, please advise us prior to travel and we will endeavour to make their day one to remember! This will include a homemade birthday cake with our compliments to share with your party.

### Insurance

It is essential that insurance cover is in place for all guests. As such, for all children participating in our international summer camp sessions, a travel insurance policy arranged by MPI Brokers and underwritten at Lloyd's, is provided and the cost of the policy is already included in the price you pay.

The main points of the insurance policy are;

- Emergency Medical Expenses
- Cancellation or Curtailment
- Personal Liability
- Personal Accident
- Legal Expenses

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A summary of cover is available upon request (Standard cover is provided). Full policy documentation will be provided upon completion of the registration process.

*Due to the method deployed in arranging this insurance under a group policy and to comply with tax and regulation you are not able to opt out of this policy.*

### Lost Property

Help us to help you! We will do our best to return named lost property to owners, however, if lost clothing is not clearly marked, it is unlikely that we will be able to trace it. We reserve the right to charge postage and packing for those items returned after your holiday.

### Medications

We need to know in advance about any congenital complaints and/or standard illnesses (e.g. asthma, allergies, epilepsy) and whether you or any member of your party has been in hospital for any reason within the 6 months prior to booking. Please provide full details at the time of booking.

You may also be asked to complete a Medical and Emergency Contact Form, which will be sent to you, including a telephone number where we can always contact a next of kin in the event of an emergency during the holiday. Where appropriate, please provide all relevant information concerning medical conditions and any medication or drugs currently being administered.

We have staff with first aid qualifications and have pre-established links with local doctors, dentists and hospitals in case of emergency. In case of minor accidents, each activity base is equipped with a first aid kit. Full records of treatment is kept.

### Passports & Documentation

It is your responsibility to ensure that you and all members of your group has his/her own passport and (if necessary) visa documentation.

It is essential that EU-based campers have a European Health Insurance Card. Should medical attention be needed whilst within the European Community; an EHC can save both time and money.

### Personal Details

We must be advised in advance if you or any member of your party is currently or has recently experienced any major illness, disabilities, behavioral or social problems that may affect him/her or our other guests. We continually work to enable as many guests as possible to enjoy our holidays and to help us achieve this, please provide full details at the time of booking or in a covering letter. We may request written confirmation from your GP confirming the suitability of the holiday in such instances. We will naturally treat any personal information sensitively and respect confidentiality. Very occasionally we may not be able to provide the service required and will refund any deposit paid.

### Spending Money

Our holidays are fully inclusive (except for alcohol) and there is little need to bring large sums of money. However, there are sometimes excursion days.

### Swimming

Please clearly indicate swimming ability at the time of booking. Buoyancy aids are always worn for water rafting and hydro speeding (swimmers are required to be able to swim 25 meters for these activities). Alternative activities are arranged for non-swimmers.